

**Birch Rock Family Camp
August 16-20, 2013**

Friday, August 16

4:00	Arrival and settle into cabins
4:30-5:30	Waterfront open
5:00	Welcome reception on porch of lodge
6:15	Dinner and introductions
7:30	Evening Activity

Saturday, August 17

8:00-9:00	Breakfast
9:30-11:30	Morning activities for kids
9:30-10:45:	Yoga with Becca
11:30-12:15	General swim
12:30	Lunch
1:30	Rest period
2:30	Afternoon hike on Mt. Tire'm or Afternoon Boating/Canoeing Armada on McWain
4:30	General swim
5:00	Salty snacks
6:15	Dinner
7:30	Evening activity

Sunday, August 18

8:00-9:00	Breakfast
9:30-11:30	Morning activities for kids
	Adults: Tennis round robin--see Toby to sign up
11:30-12:15	General swim
12:30	Lunch
1:30	Rest period
2:30	Family softball on hill
4:30	General swim
5:00	Salty snacks
6:15	Lobster Bake
7:30	Campfire with Family Skits and S'mores

*All activities subject to change depending on weather

Monday, August 19

8:00-9:00	Breakfast
9:30-11:30	Morning activities for kids
9:30-10:45	Yoga with Becca
11:30-12:15	General swim
12:30	Lunch
1:30	Rest period
2:30	Scavenger Hunt
4:30	General swim
5:00	Salty snacks
6:15	Dinner
7:30	Evening Activity

Tuesday, August 20

9:00-10:30 Farewell Breakfast

(Before you leave, please sweep cabin and leave blankets folded at foot of bed. Thanks!)

See you next summer!